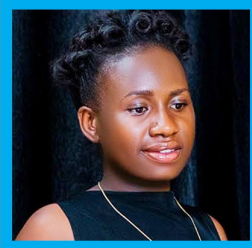




# PEOPLE'S VIEWS ON E-SPORTS & VIDEO GAMING



CHISOMO NKHOMA

## WHAT ARE THE PARENT'S PERCEPTIONS TOWARDS E SPORTS AND VIDEO GAMES?

Parents perceptions towards E-sports and video games can vary. Some parents view E-sports and video games as a harmless activity, while others may have concerns about their potential negative effect on their children's physical and mental health. Some parents may appreciate the educational and reasoning benefits of playing video games, such as improved problem-solving and critical thinking skills. However, other parents may worry about their children spending too much time playing video games and not enough time engaging in physical activity or socializing with peers. They may also be concerned about the violent or addictive nature of some video games.



ALICE SIXPENCE

## WHAT DO YOU BENEFIT FROM PLAYING VIDEO GAMES?

Playing video games can provide a range of reasoning, social, and emotional benefits. For example, video games can help to improve problem-solving skills, decision-making abilities, and good reasoning. They can also enhance creativity. Furthermore, Multiplayer games, for instance, allow players to connect with others and work collaboratively towards common goals. This can help to develop teamwork and communication skills, additionally, playing video games can be a form of stress relief and relaxation. It can also provide a sense of accomplishment and achievement as player's progress through the game and overcome challenges.



ANGELA SIBAKWE

## HOW DO VIDEO GAMES NEGATIVELY IMPACT ACADEMIC PERFORMANCE?

Playing video games can be a time-consuming activity and excessive gaming can lead to neglect of academic responsibilities, such as homework, studying, and attending class. It can also be highly engaging and distracting, which can interfere with attention and focus on academic tasks. Furthermore gaming can lead to a reduction in the amount and quality of sleep, which can negatively impact academic performance, as adequate sleep is important for cognitive functioning. Excessive gaming can also lead to poor grades, as students may not have sufficient time or focus to complete academic assignments or study for exams. Playing video games can be highly rewarding, which can decrease motivation to engage in other activities, such as academics.



PATIENCE KAITANO

## WHAT ARE THE REASONS WHY MOST GIRLS DO NOT PARTICIPATE IN E-SPORTS AND VIDEO GAMES?

The video game industry and E-sports community have traditionally been male-dominated, and this lack of representation can make it difficult for girls and women to feel welcome and included. There are still prevalent stereotypes that video games are a "male" hobby, and that girls and women are not as interested in or skilled at video games as men. Girls and women who do participate in E-sports and video games can face harassment, bullying, and toxic behavior from other players, which can discourage them from continuing to participate. Social and family pressure: Parents and relatives may pressure girls to focus on household chores dissuade them as unimportant.



GRACE KAYIRA

## HOW CAN GIRLS BENEFIT FROM E-SPORTS AND VIDEO GAMES?

Through participating in E-sports and videogames, girls can develop confidence and self-esteem as they improve their skills and compete against other players. Many video games require strategic thinking and problem-solving skills, which can help girls develop these abilities in a fun and engaging way. E-sports and video games can provide opportunities for girls to connect with other players, both online and offline, and build social networks. Many E-sports and video games require teamwork and communication, which can help girls develop important social skills and learn how to work together effectively.





# PEOPLE'S VIEWS ON E-SPORTS & VIDEO GAMING



**WHAT ARE THE PARENT'S PERCEPTIONS TOWARDS E SPORTS AND VIDEO GAMES?**  
My African parents have a negative perception towards e sports and video games because all they see is us acting lazy playing video games and not concentrating on our studies and house chores as a result they do not allow us to be playing video games.

CHISOMO CHIWANGA



**WHAT DO YOU BENEFIT FROM PLAYING VIDEO GAMES?**  
Whenever I am playing video games it's a way for me to relieve myself from stress I get from my academics and also it helps me interact with people around the globe from different countries and we share ideas regarding schools and how to access the internet in different areas e.g. attending classes on zoom calls.

TAONGA MUNTHALI



**HOW DO VIDEO GAMES NEGATIVELY IMPACT ACADEMIC PERFORMANCE?**  
Video games negatively impact academics because as you continue to play games you lose focus on your studies because video games are entertaining as a result you see academic assignments and studies disturbing and stressful hence by preferring the video game over your studies and this can lead to poor grades and lack of knowledge.

LUCY KANJEDZA



**WHAT ARE THE REASONS WHY MOST GIRLS DO NOT PARTICIPATE IN E SPORTS AND VIDEO GAMES?**  
Many girls do not participate in e sports and playing video games because they consider such activities as something only meant for boys. therefore this makes it hard for us girls to participate.

DORICA KUMWENDA



**HOW CAN GIRLS BENEFIT FROM E SPORTS AND VIDEO GAMES?**  
Playing video games is very beneficial to us girls because it helps us have an active mind and it also help us relax and have some fun i enjoy playing video games i feel happy each time i play. it also boosts my confidence especially when i win. apart from that it is ne way of us girls socializing with, it has really helped my social skills become much better

ANABEL JERE







# PEOPLE'S VIEWS ON E-SPORTS & VIDEO GAMING



SARAH KONDOWE

WHAT ARE THE PARENT'S PERCEPTIONS TOWARDS E SPORTS AND VIDEO GAMES?  
Most African parents do not approve us girls to play video games because they feel like it is a waste of time and it is unproductive.



DOROTHY S NKOWANI

WHAT DO YOU BENEFIT FROM PLAYING VIDEO GAMES?  
Playing video games is fun, it is a form of entertainment, it also helps someone to boost his/her thinking capacity because some games needs focus in order to get to the next level and same applies in real life because you need to stay focused in order to achieve the desired goals.



GLORY BANDA

HOW DO VIDEO GAMES NEGATIVELY IMPACT ACADEMIC PERFORMANCE?  
Everything has a disadvantage if you misuse it, same thing with video games they can negatively affect one's academic performance if you only focus on it and not your studies



JULIET KUMWENDA

WHAT ARE THE REASONS WHY MOST GIRLS DO NOT PARTICIPATE IN E SPORTS AND VIDEO GAMES?  
Most girls do not participate in video games because video games are said to be boys or men's games. So this is like a draw back for us girls to participate.



CHRISTINA MWANYONGO

HOW CAN GIRLS BENEFIT FROM E SPORTS AND VIDEO GAMES?  
It can improve your thinking capacity because many video games require strategic thinking and problem-solving skills, which can help girls develop these abilities.

